

Trade Winds Classics

SPAGHETTI BOLOGNAISE £17.50

A Tradewinds classic!

SPAGHETTI ARRABIATA £17.50

Spicy tomato, chilli, garlic & olive

SPAGHETTI CARBONARA £17.50

Creamy garlic mushroom & bacon

BEEF STROGANOFF ON A BED OF RICE £29.50

Strips of fillet steak, flambéed in brandy with mushrooms, paprika & double cream

CHICKEN TRADE WINDS (GF) £22.50

Pan-fried Butterfly Chicken with White Wine, Onion, Mushroom & chopped Tomatoes, finished with Cream.
Served with new potatoes, chips or rice

TENDER PORK BELLY RIBS £19.50

Sweet, spicy & sticky, served with fries or rice or new potatoes

BEEF LASAGNE £18.50

Beef Bolognese & Creamy Bechamel Sauce, served with Chips or garlic bread

½ ROAST DUCK WITH ORANGE SAUCE £29.00

Served with a choice of potatoes

CHICKEN CURRY & RICE £17.50

Tender Chicken chunks

CLASSIC BEEF BURGER £17.00

8oz burger cooked medium well, served with fries, sliced tomato, red onions & roquette salad.

DOUBLE UP WITH ANOTHER BURGER £23.00

Served with chips

EXTRA BACON ... £1.50

CHEESE ... £1.50

FRIED ONIONS ... £1.50

Children's Menu £10.50

4 FISH FINGERS served with Chips

CHICKEN NUGGETS served with Chips

MINI CLASSIC BURGER served with Chips

HAM & EGG served with Chips

SPAGHETTI Bolognese

Trade Winds

TRADITIONAL GREEK & ENGLISH
RESTAURANT

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*If any of your old favourites are not listed
on the menu, if you call in advance
we will try our best to accommodate you.*

SUNDAY ROAST £19.00

Meats of the day with seasonal vegetables

BOOKING ADVISED

Trade Winds

TRADITIONAL GREEK & ENGLISH
RESTAURANT

01626 773181

To Start

WARMED SLICED SOURDOUGH BREAD £7.00
With balsamic vinegar & olive oil

CLASSIC PRAWN COCKTAIL £10.50
With Marie Rose sauce, cucumber & lettuce

TRADITIONAL GREEK SALAD £8.50
With olives, feta cheese & pita bread

SHARING PLATTER £25.00
Taramasalata, tzatziki-houmas, Greek sausages,
marinated olives, pitta bread.
Or individual, please let us know

ANTIPASTO SHARING BOARD
FOR ONE . . . £12.50 FOR TWO . . . £25.00
With sourdough bread, selection of cured meats, pickles & chutney

BAKED LARGE MUSHROOM £9.50
With goats cheese & homemade chilli jam

GARLIC MUSHROOMS £9.50

DEVILLED WHITEBAIT RECIPE £9.50
With tartare sauce & lemon

SMOOTH BRUSSELS PATE £9.50
With sister's toast & chutney

Fish Dishes

HOMEMADE BATTERED COD £17.50
Served with Chips & Peas

GRILLED FILLETS OF SEABASS (GF) £26.50
Served with Chips or New Potatoes

POACHED SALMON FILLET (GF) £23.00
In a White Wine, Cream & Bay Leaf Sauce.
Served with Chips or New Potatoes

GOLDEN BREADED WHOLE TAIL SCAMPI £17.50
Served with Chips & Peas

Greek Specialties

VEGETARIAN MOUSSAKA (GF) £22.00
Moussaka is one of the most celebrated Greek dishes, layered with
potatoes, aubergine & courgettes with creamy bechamel sauce
Served with Greek Salad

BEEF MOUSSAKA £27.50
Served with Greek Salad

THE HALLOUMI SAGANAKI BURGER £22.50
With oregano, toasted sesame & a drizzling of honey
Served with Chips

LAMB SHANK KLEFTIKO (GF) £27.50
Lamb Shank, cooked slowly, with Oregano, Garlic,
Red Wine & Vinegar Sauce
Served with Rice & Greek Salad

Nick's Gyros

BUILD YOUR OWN - WITH A CHOICE OF:

CHICKEN SOUVLAKI £22.50
Tender pieces of Chicken in Lemon Juice, Garlic, Olive Oil & Oregano

LAMB SHANK - DONER KEBAB £26.50
Tender Lamb glazed with Kleftiko Sauce

BBQ HALLOUMI CHEESE & VEGETABLE KEBAB (V) £22.50
Marinated Halloumi Cheese & Greek Vegetables

**Served with Sliced Tomatoes, Lemon Wedge,
Tzatziki & Chips**

*If there is any favourites that are not on the menu
please let us have 24 hour notice or have a chat to Nick.*

*Please inform staff of any allergies or special dietary needs
(V) Vegetarian (GF) Gluten Free*

The Grill at Trade Winds

12oz SIRLOIN STEAK (GF) £34.00
Premium Cut
Served with Chips, grilled tomato, mushrooms & peas

8oz fillet STEAK (GF) £39.00
Premium Centre Cut
Served with Chips, grilled tomato, mushrooms & peas

Steak Sauces

£3.50 each

DIANE
Flavoured with Brandy, Worcester Sauce, French Mustard &
Red Wine, finished with Fresh Cream & Parsley

PEPPER
Brandy & Peppercorns, finished with Fresh Cream

STROGANOFF
Mushrooms flambéed in Brandy with Paprika & Double Cream

STILTON
Bacon, Mushroom, Stilton & White Wine

PAN FRIED LIVER & BACON £18.00
Served with Fries or Mashed Potatoes

12oz GAMMON STEAK (GF) £18.00
With either Double Egg or Pineapple served
with Chips & Peas

Sides & Extras

TRIO OF VEG £5.00

GARLIC CABBAGE £5.00

GARLIC BREAD £5.50

GARLIC BREAD WITH CHEESE £5.50

OLIVES (V) £4.50

GREEK SALAD & PITTA BREAD (V) £7.00

GRILLED HALLOUMI & OREGANO (V) £7.50

SELECTION OF HOMEMADE DIPS (V)

TARAMASALTA £6.50

HOUMOUS £6.50

TZATZIKI £6.50

EXTRA PITTA BREAD X 3 (V) £3.00