

Trade Winds Classics

CHICKEN STILTON (GF) £20.50
with Stilton Cheese, Bacon & Mushroom Sauce

CHICKEN TRADE WINDS (GF) £20.50
Pan-fried Butterfly Chicken with White Wine, Onion, Mushroom & chopped Tomatoes, finished with Cream

½ ROAST DUCK WITH ORANGE SAUCE £29.00

TENDER PORK BELLY RIBS £18.50
Sweet, spicy & sticky, served with French Fries

BBQ CHICKEN, CHEESE & BACON BURGER £18.00
Grilled Chicken Breast, basted with BBQ Sauce
Topped with Bacon & Cheese

All the above served with a choice of potatoes or rice

SPAGHETTI BOLOGNAISE £14.50
A Trade Winds Classic!

LASAGNE £15.50
Beef Bolognese & Creamy Bechamel Sauce, served with French Fries

BEEF CURRY & RICE £19.00
Tender braised Beef

CHICKEN CURRY & RICE £16.00
Tender Chicken chunks

Vegetarian option available, please ask

Sides

CHIPS SMALL £2.50

CHIPS REGULAR £4.00

TRIO OF VEG £4.00

GARLIC CABBAGE £4.00

GARLIC BREAD £4.50

GARLIC BREAD WITH CHEESE £5.50

Trade Winds Pizzas

TO EAT IN OR TAKEAWAY
HOMEMADE 12" PIZZAS

Ask Nick for the Pizza of the Day

MARGARITA (V) £10.50
Classic sun blush Tomato, Mozzarella & fresh Basil

PEPPERONI £11.50
Classic Pepperoni, Mozzarella & fresh Basil

HAWAIIAN £11.50
Ham & Pineapple

THE FULLY LOADED £11.50
Tuna & Sweetcorn

OLIVE (V) £12.50
with marinated Greek Olives, Mozzarella, Mustard Cress & shaved Parmesan

SMOKED CHICKEN £13.50
with Red Onion, roast Peppers & BBQ Sauce

SUNDAY ROAST £15.50
Meats of the day with seasonal vegetables

BOOKING ADVISED

Children's Menu £8.00

4 FISH FINGERS served with homemade Chips

CHICKEN NUGGETS served with homemade Chips

MINI CLASSIC BURGER with Cheese & homemade Chips

HAM & EGG served with homemade Chips

HOMEMADE SPAGHETTI BOLOGNAISE

MINI CHEESE & TOMATO PIZZA

Trade Winds

TRADITIONAL GREEK & ENGLISH
RESTAURANT

01626 773181

Trade Winds

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To Start

TRADITIONAL GREEK SALAD (V) £7.00
with Olives, Feta Cheese & Pitta Bread

CLASSIC PRAWN COCKTAIL £9.50
with Marie Rose Sauce, Cucumber & Lettuce

DEVILLED CRISPY WHITEBAIT £8.50
with Chunky Tartare Sauce

HOMEMADE DOUGH BALLS STUFFED
WITH MOZZARELLA (V) £4.50
coated in Garlic & Rosemary Butter

CREAMY GARLIC MUSHROOMS (V) (GF) £8.50

GARLIC BREAD (V) £4.50

FISH PLATTER TO SHARE £23.00
Whitebait, Scampi, Smoked Salmon, a Skewer of Tiger Prawns
with Tartare Sauce

Fish Dishes

HOMEMADE BATTERED COD £13.50
with French Fries & Peas

GOLDEN BREADED SCAMPI £13.50
with French Fries & Peas

GRILLED FILLETS OF SEABASS (GF) £27.50
with a Skewer of Tiger Prawns, Sauteed in Garlic Butter,
French Fries or New Potatoes

POACHED SALMON FILLET (GF) £19.50
in a White Wine, Cream & Bay Leaf Sauce,
French Fries or New Potatoes

Please inform staff of any allergies or special dietary needs
(V) Vegetarian (GF) Gluten Free

Greek Specialties

BEEF MOUSSAKA £22.00

Moussaka is one of the most celebrated Greek dishes! Layers of Potato, Aubergine & Courgettes with Beef Bolognaise & Creamy Bechamel Sauce, served with a Greek Salad

VEGETARIAN MOUSSAKA (V) £19.00

Layers of Potato, Aubergine & Courgettes, Roasted Peppers & Onions, with a Tomato Ragu & Creamy Bechamel Sauce, served with a Greek Salad

BEEF STIFADO (GF) £24.00

The secret here is the very long, slow cooking. Juicy & tender, melt in the mouth Beef Stifado. Slightly sweet & intense Tomato based Sauce Served with Rice & Greek Salad

PASTITSIO (BAKED GREEK LASAGNE) £19.50

If you haven't tried Greek Pastitsio before then you are certainly missing out!

Layers of juicy Mince Beef in a Rich Tomato Sauce Topped with Cream & Macaroni Cheese Served with Greek Salad

LAMB SHANK KLEFTIKO (GF) £25.00

Lamb Shank, cooked slowly, with Oregano, Garlic, Red Wine & Vinegar Sauce Served with Rice & Greek Salad

Nick's Gyros

BUILD YOUR OWN - WITH A CHOICE OF:

CHICKEN SOUVLAKI £19.50

Tender pieces of Chicken in Lemon Juice, Garlic, Olive Oil & Oregano

LAMB SHANK - DONER KEBAB £21.00

Tender Lamb glazed with Kleftiko Sauce

BBQ HALLOUMI CHEESE & VEGETABLE KEBAB (V) £19.00

Marinated Halloumi Cheese & Greek Vegetables

Served with Sliced Tomatoes, Shredded Lettuce, Tzatziki & French Fries

The Grill at Trade Winds

All served with French Fries, Grilled Tomato, Mushroom & Peas

10oz SIRLOIN STEAK (GF) £29.00

Premium Cut

6oz FILLET STEAK (GF) £32.00

Premium Centre Cut

10oz FILLET STEAK (GF) £38.00

Premium Centre Cut

6oz LAMB CHOPS (GF) 2 for £24.50 3 for £28.50

Tender Lamb on the Bone

ADD

A SKEWER OF TIGER PRAWNS £9.50

Sautéed in Garlic Butter

Steak Sauces

£3.50 each

DIANE

Flavoured with Brandy, Worcester Sauce, French Mustard & Red Wine, finished with Fresh Cream & Parsley

PEPPER

Brandy & Peppercorns, finished with Fresh Cream

STROGANOFF

Mushrooms flambéed in Brandy with Paprika & Double Cream

STILTON

Bacon, Mushroom, Stilton & White Wine

BEEF STROGANOFF £27.00

Tender strips of Fillet Steak, pan fried with Onions, Mushrooms, Paprika, flamed in Brandy and finished with Cream on a bed of Rice

PANFRIED LIVER & BACON £14.50

Served with Fries or Mashed Potatoes

12oz GAMMON STEAK (GF) £15.00

With either Double Egg or Pineapple served with French Fries & Peas

Ultimate Greek Meze

GREEK LOUKANIKO

Greek Sausage

BEEF MOUSSAKA

Moussaka is one of the most celebrated Greek dishes!

VEGETARIAN MOUSSAKA (V)

BEEF STIFADO (GF)

The secret here is the very long, slow cooking. Juicy & tender, melt in the mouth Beef

PASTITISO

Baked Greek Lasagne

HALLOUMI & MINT MAC & CHEESE (V)

BEEF LASAGNE

Beef Bolognaise & Creamy Bechamel Sauce

TENDER PORK BELLY RIBS

Sweet, Spicy & Sticky

ALL £12.50 EACH

LAMB KLEFTIKO (GF) £15.50

Lamb shank cooked slowly with Red Wine & Vinegar Sauce

OLIVES (V) £4.50

GREEK SALAD & PITTA BREAD (V) £7.00

GRILLED HALLOUMI & OREGANO (V) £7.50

SELECTION OF HOMEMADE DIPS (V) £5.50 EACH

Taramasalata - Tzatziki - Houmous plus a Pitta Bread

EXTRA PITTA BREAD X 3 (V) £3.00

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